



GLUTEN FREE MENU

Gluten is a protein in all wheat, rye, barley and oat products. Gluten is found in most cereals (e.g., wheat, rye, barley) and their end products. No gluten is contained in rice, soybean (soya), maize (corn), buckwheat, and sunflower seeds. Oats and teffs do not contain gluten, but are usually milled on the same equipment as other grains that do, and so are commonly contaminated.

Any item that is fried is considered gluten containing.

The following has been analyzed by an independent registered dietician and is meant to serve as a guide to help choose items they have deemed to be gluten free. Charlie Brown's is not responsible for the content based on the dietician's recommendations.

Sauces, side dishes, starches or any other condiment, unless otherwise listed on this menu, should be presumed to contain gluten. Only the items listed have been analyzed and are separate from any side dishes or sauces that may normally accompany each entrée.

SALADS/SOUPS

Chicken Caesar Salad (without croutons)

French Onion Soup (no bread)

CHICKEN

Balsamic Chicken

Sesame Ginger Chicken (no sauce)

PRIME RIB

Duchess Cut, Queen Cut,

Charlie Cut, Double Cut

Blackened Mesquite Prime Rib

CLASSIC STEAKS

(Untopped and without frizzled onions.)

Center Cut Top Sirloin (8 oz. and 10 oz.)

Hand-cut Filet Mignon

Porterhouse (without onion rings)

NY Strip (8 oz. and 12 oz.)

14 oz Grilled Ribeye

Chopped Steak (no sauce)

SEAFOOD

Mediterranean Salmon

Cod Florentine (no topping)

Tilapia

Moroccan Salmon (no couscous)

SPECIALTIES

Classic Cheeseburger (no bun)

BBQ Baby Back Ribs

SIDES

Fresh Steamed Asparagus

Fresh Steamed Broccoli

Garlic Mashed Potatoes

Sherried Button Mushrooms

Baked Potato

Coleslaw

Sauteed Onions

Seasoned Rice

SALAD BAR ITEMS

(Besides the veggies.)

All Salad Dressings (except Asian and Ranch)

Chopped Chicken Liver

Mozzarella & Tomato Salad

Cottage Cheese

Giardiniera

Potato Salad

SAUCES/CONDIMENTS

Au Jus

Barbecue Sauce

Cocktail Sauce

Creamy Parmesan Sauce

Guacamole

Honey Mustard

Horseradish Sauce

Ketchup

Marinara Sauce

Melted Butter

Mustard

Orange Horseradish

Salsa

Sour Cream

Steak Sauce, A-I